

EVENT DETAILS: HOLMFIRTH Wednesday 8 July 2020

Parking: Parking in Crown Bottom Car Park, Southern end, off A6024 Huddersfield Road.
Nearest Postcode HD9 7EQ

Run **anytime** on Wednesday 8 July 2020 to be included in the results.

Courses: Long 4.2km Medium 2.9km Short 1.4km. The distances are not long but the hills make up for it!

Some places look like they may be private, washing, cars parked on paths etc. but all sensible route choices have been checked with the natives and for public access.

There are areas of overgrown paths – the organiser will go round on 7th July with secateurs to remove the scratchy bits.

Close gates behind you.

There are **5 main roads** coming into or going through the centre of Holmfirth and they all have to be crossed quite a few times.

Be careful crossing all roads.

Take care on the cobbles and steps especially if wet.

This is **not** an official BO event and is not included under their insurance policy.

All children should be accompanied by an adult.

PDF maps available for printing off the night before the event. Please check for legibility but try not to plan your route!

Read James Williams' article and other information on the EPOC website about using MapRunF software. Using the app will give confirmation of reaching the control and act as a results mechanism. If you don't have a smartphone, send your time to the organiser.

Risk assessment: respect social distancing rules, pedestrians and tourists; take care on all roads;

You take part at your own risk. Be aware that some paths/ginnels are quite narrow and social distancing may be difficult. Cover your mouth and nose when passing on these stretches.